



**CREATE  
ROUTINES**

**MANAGE CUES**

**CHOOSE  
REWARDS**

**DEVELOP A  
HABIT  
MINDSET**

**IMPROVE  
PERFORMANCE**

# The Power of Habit™

## Certificate of Completion

ONLINE CLASSROOM

### Christina Burkhardt

has completed **THE POWER OF HABIT**, a course in creating, replacing, and changing habits. This training introduces a methodology to automate successful behaviors that can improve personal, team, and organizational performance.

Charles Duhigg, Author of *The Power of Habit*

2021-11-05

Date



**VitalSmarts®**